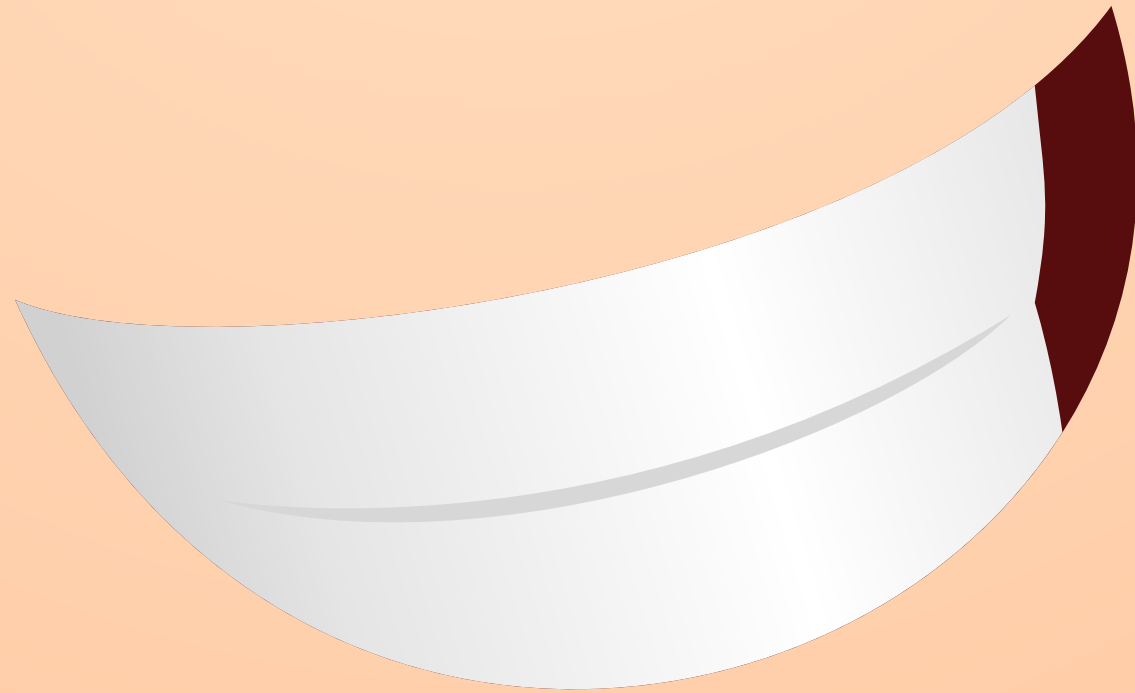


# Going to the Dentist



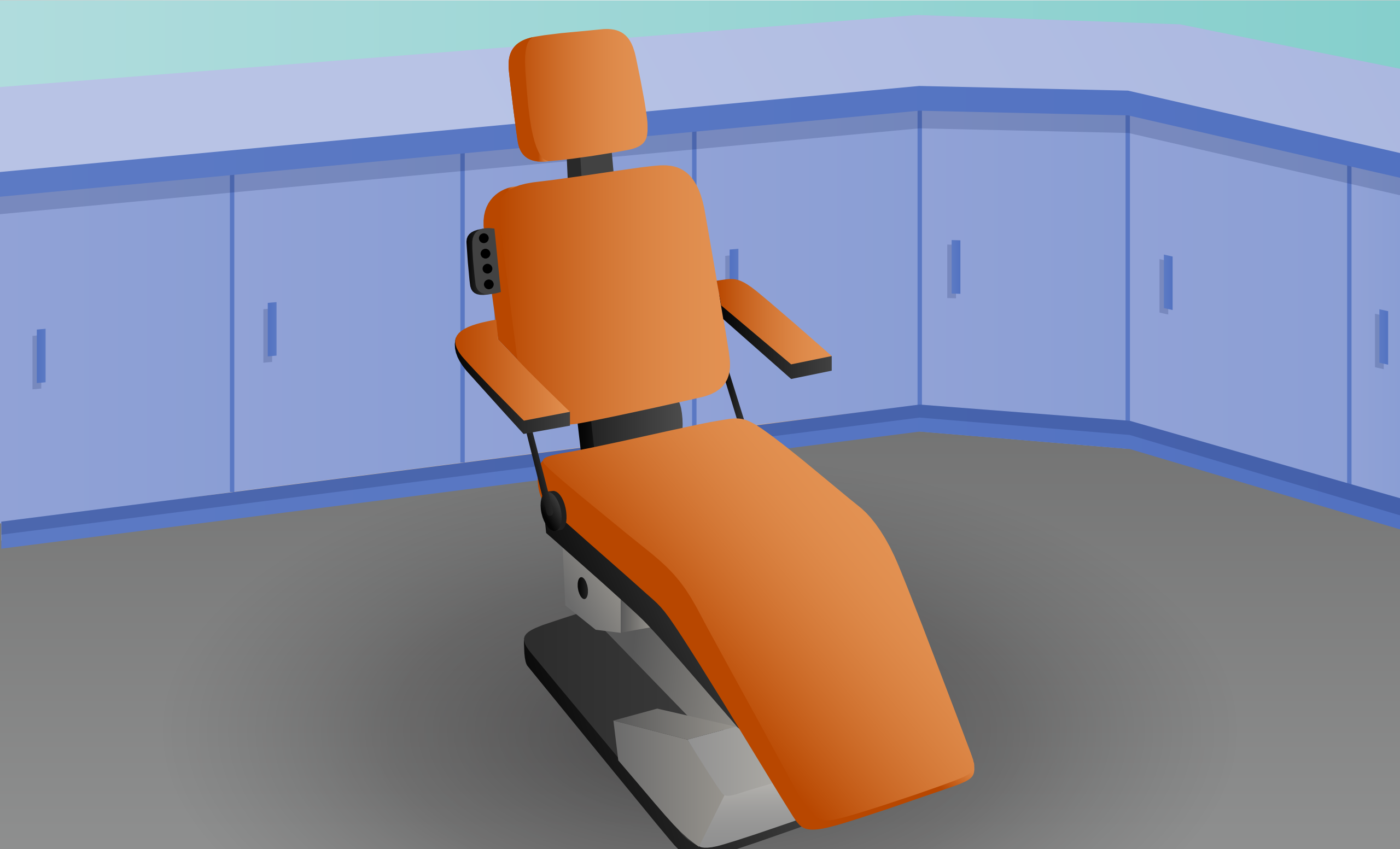
- I have teeth
- I eat with my teeth
- It is important to keep my teeth clean and healthy
- The dentist can help me keep my teeth clean and healthy



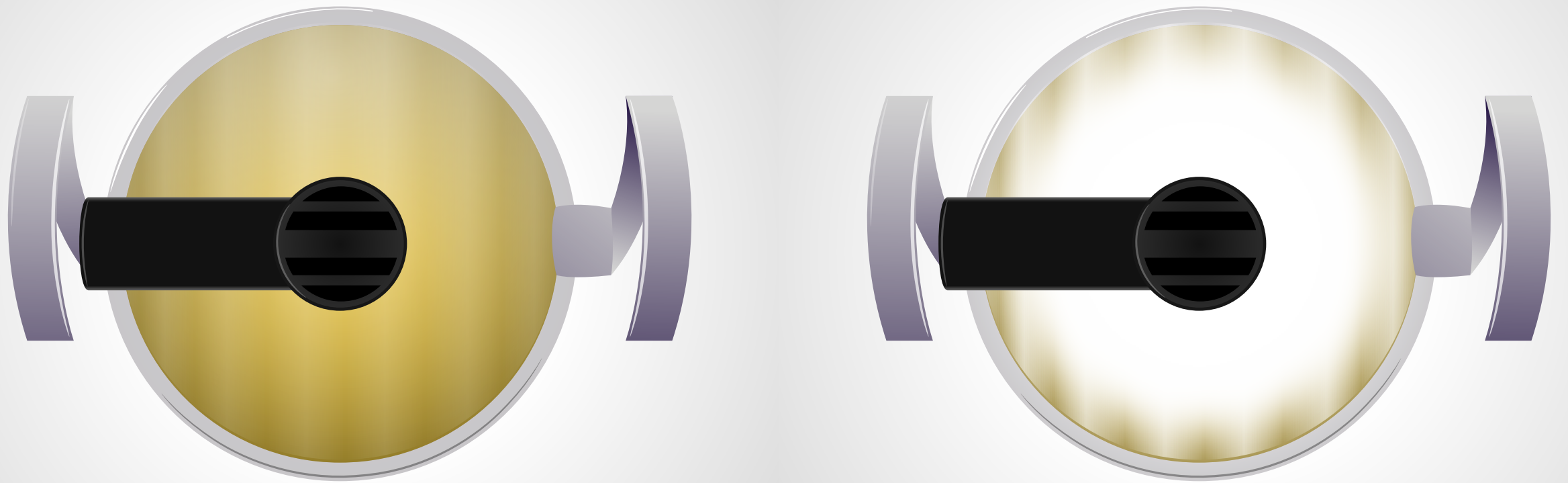
- Sometimes I go to the dentist
- When I arrive at the dentist, I say my name to the receptionist
- I can bring something I like along to the dentist like a fidget for my hands



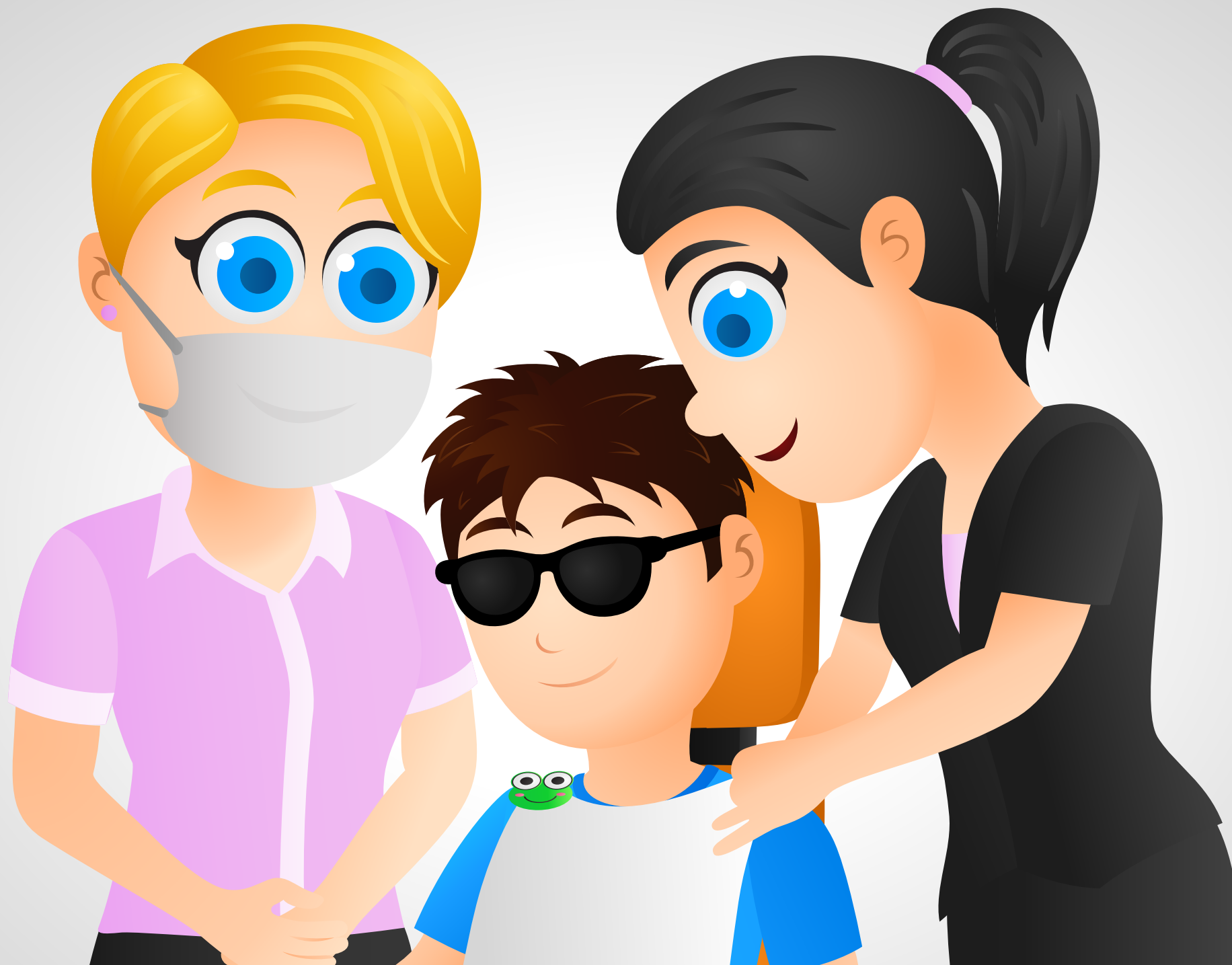
- I will wait in the waiting room.
- The waiting room can be a quiet place.
- I will try to keep quiet and sit still in the waiting room.
- I can keep quiet by reading or playing on an electronic device.



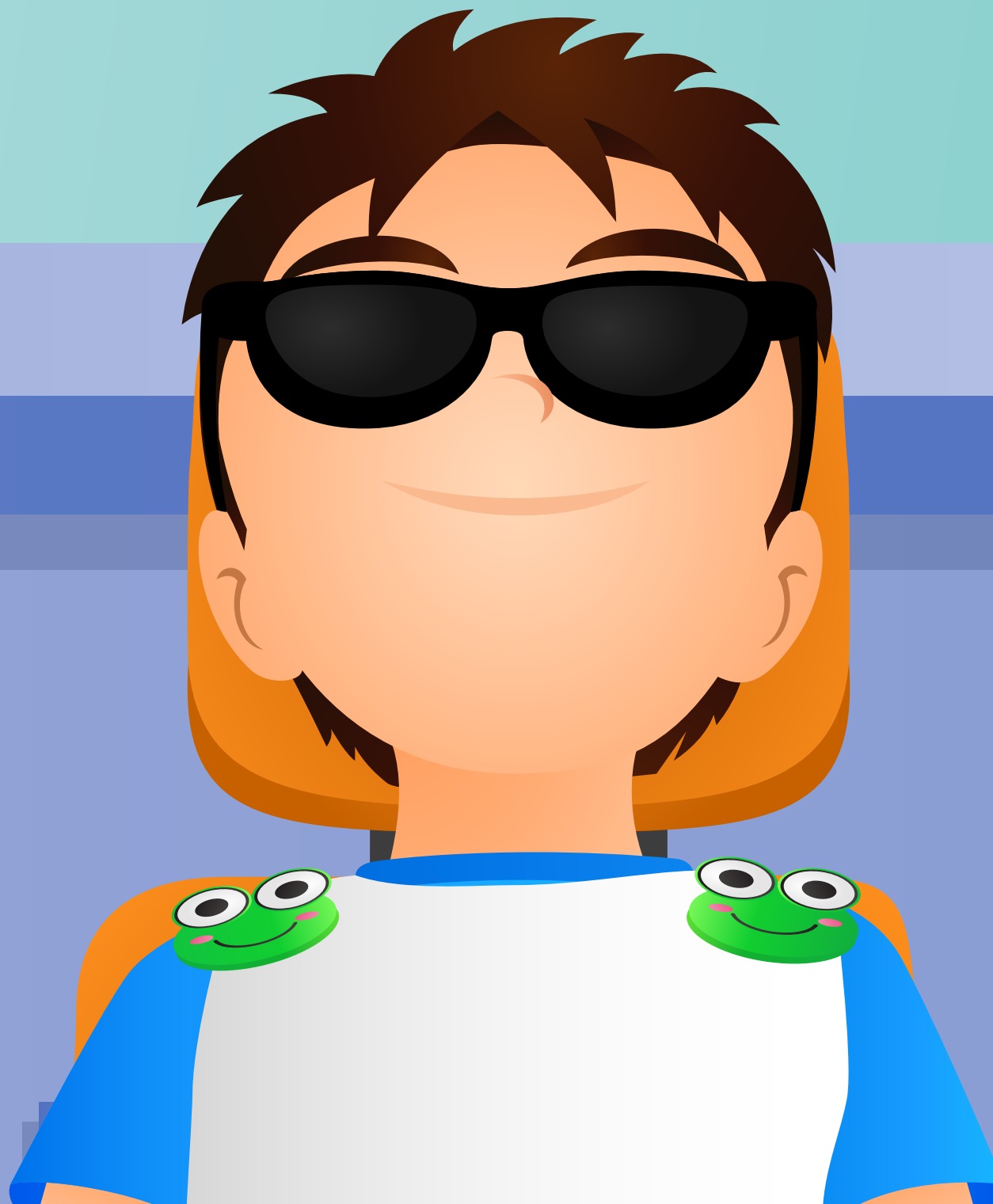
- **My name will be called and I will go into the dentist room.**
- **There is a dentist chair. I will sit in this chair.**



- There is a bright light to help look inside the mouth.
- I can wear sunglasses or I can close my eyes.



- The dental assistant may place a bib on me to keep my clothes clean.
- Wearing the dentist bib is ok.

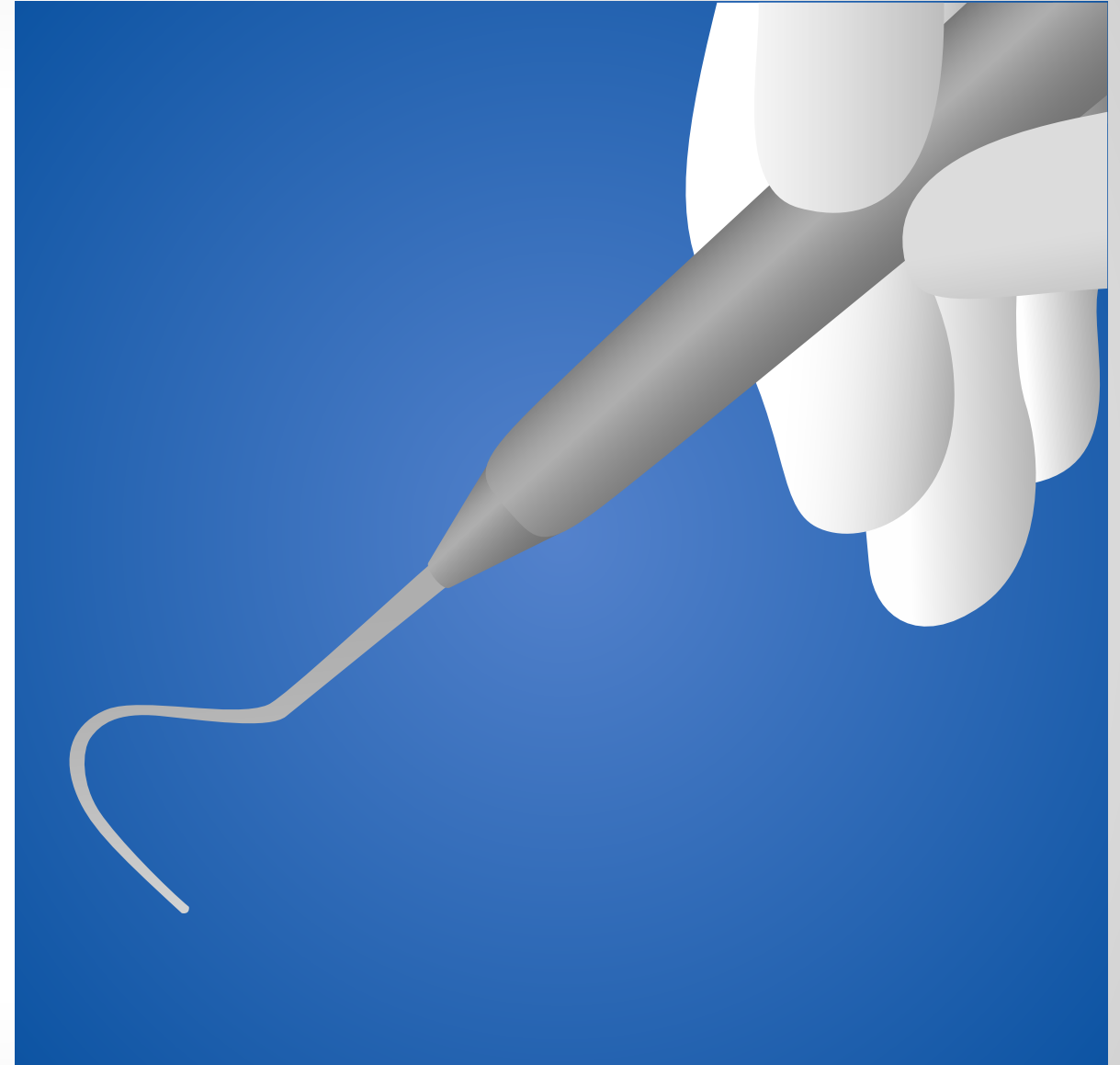
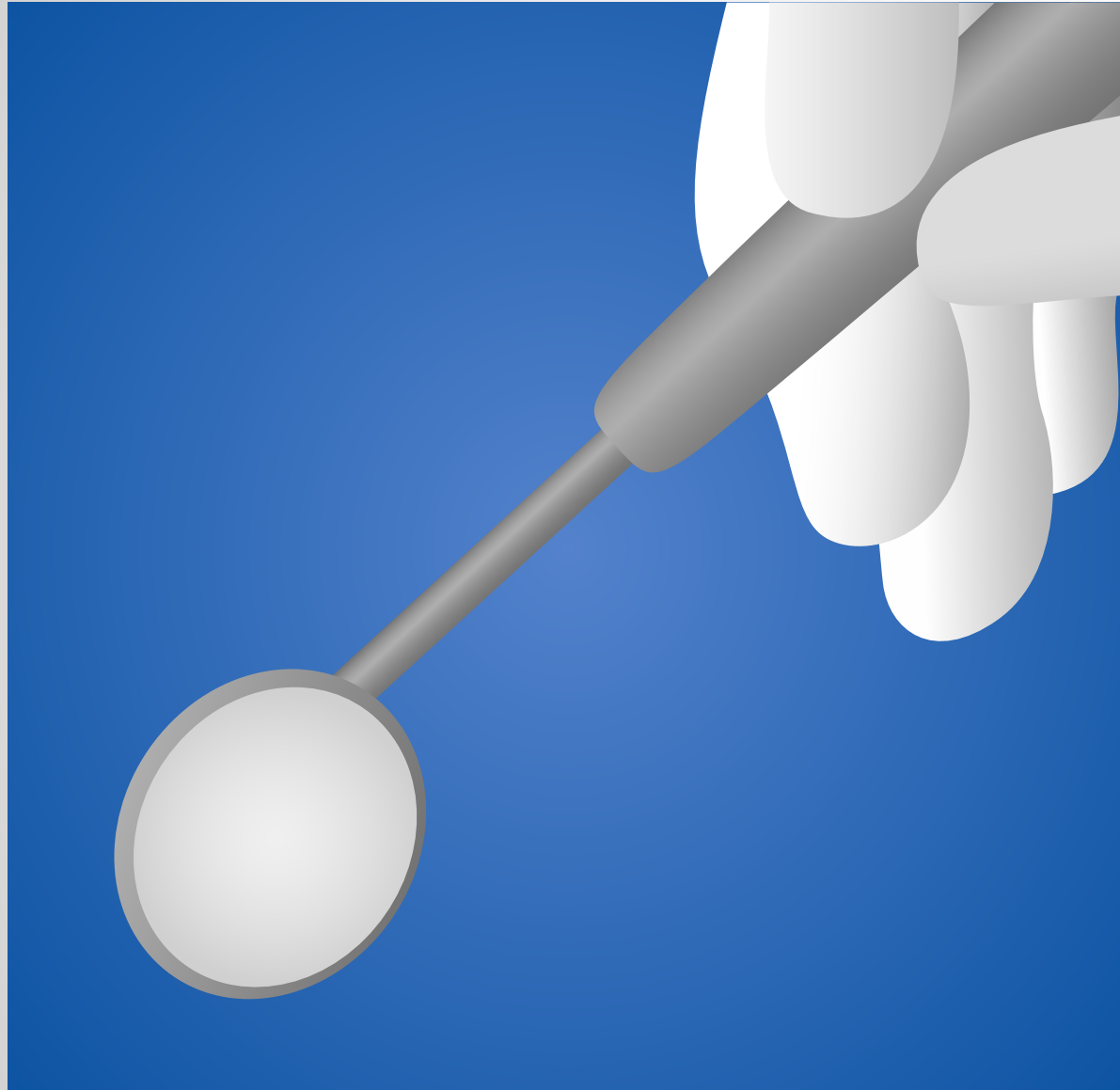


- The dentist chair will go up and lay back. This is ok. I can lie down with the chair.





- I will need to open my mouth very wide and keep my mouth open.
- The dentist will then look inside my mouth.



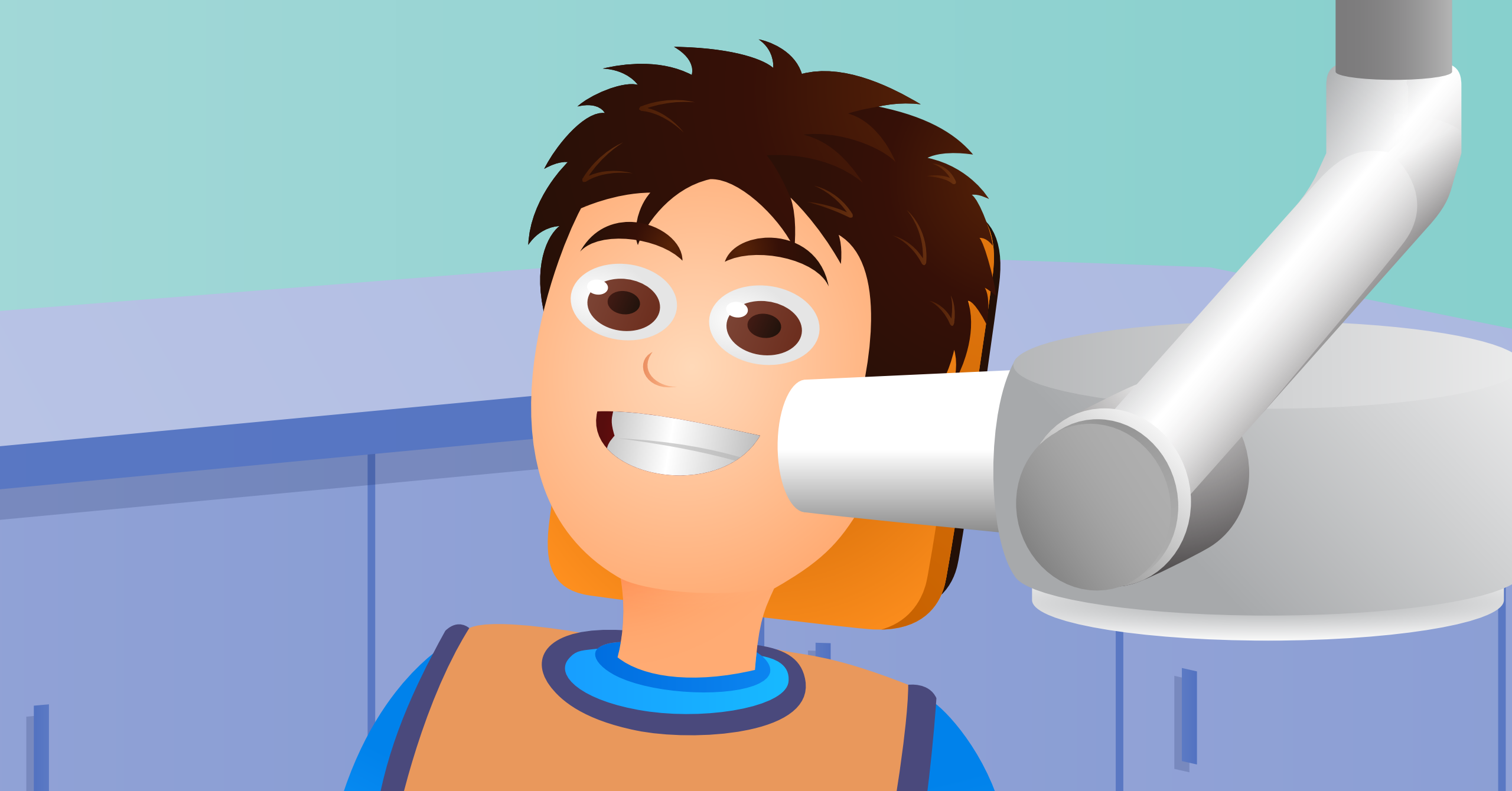
- The dentist may use a mirror and a tooth counter.
- The dentist may count my teeth.



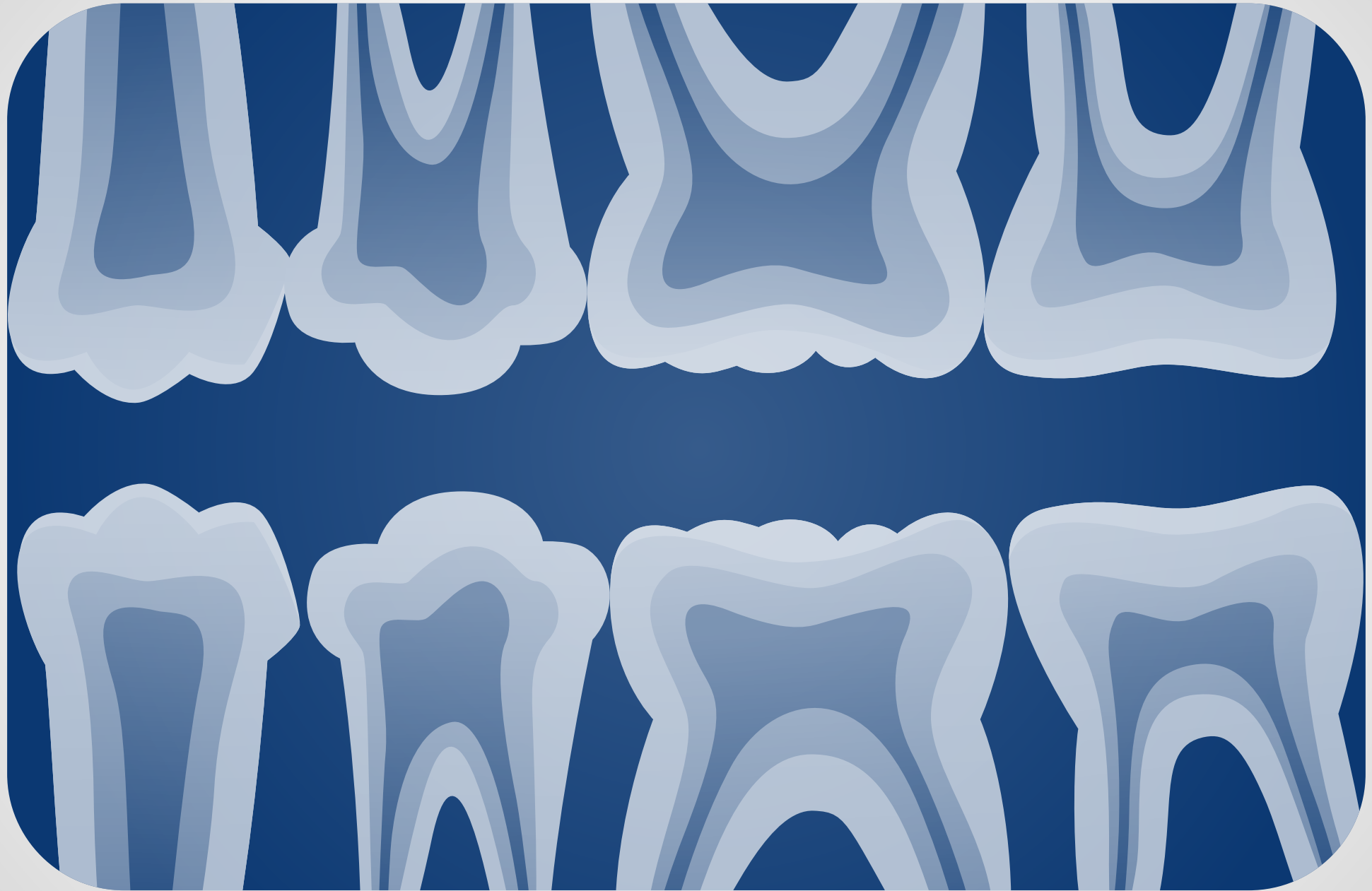
- Sometimes the dentist may blow air on my teeth. This is ok. I will try to keep my mouth open.
- I can tell the dentist if I need to take a break.



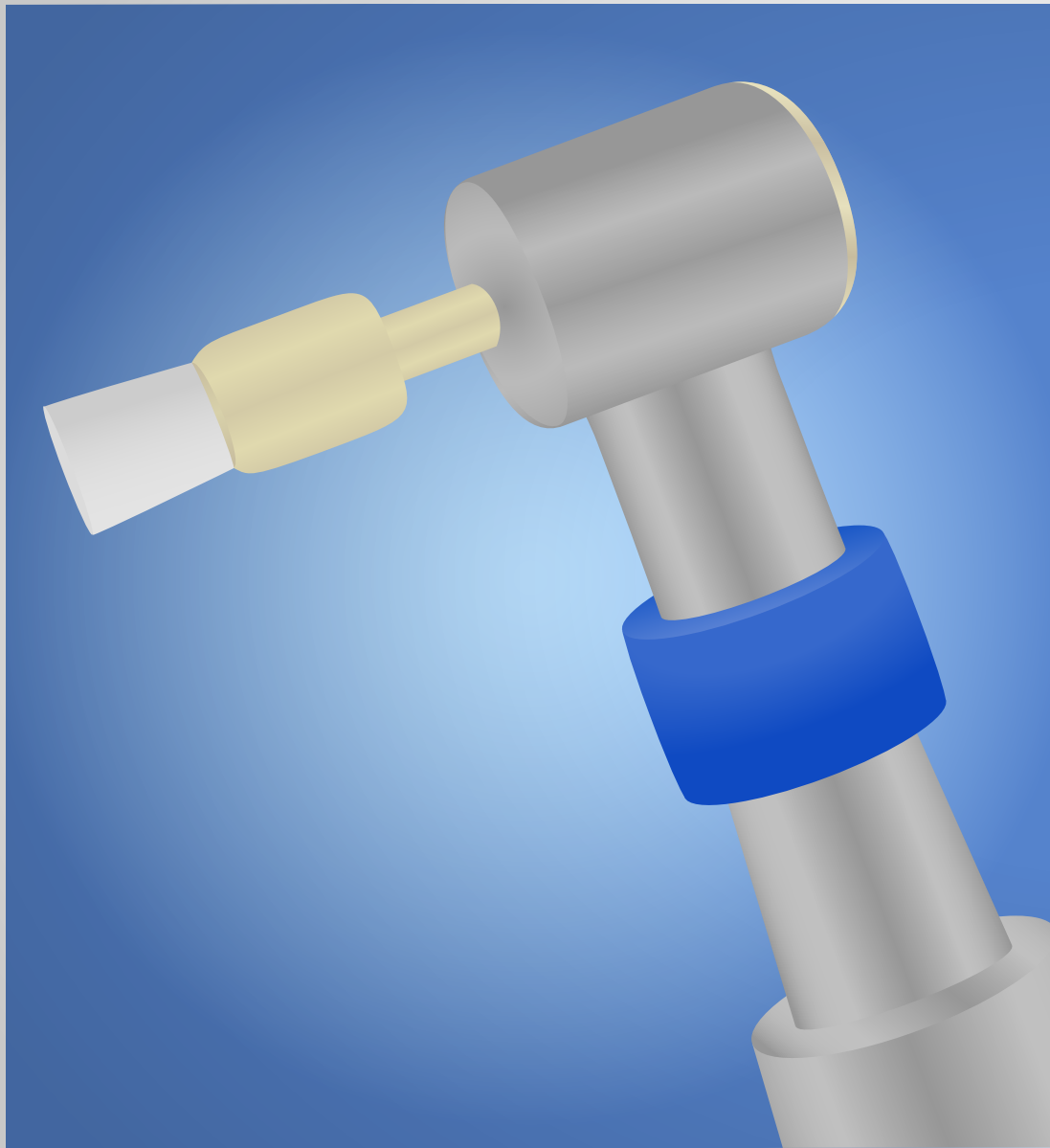
- Sometimes the dentist may use water to wash my teeth. A special vacuum tube will take water out from the mouth. This can be noisy. I will try to keep my mouth open.



- Sometimes the dentist may need to take teeth xrays.
- I will wear a special apron. I will try to bite onto the X-ray film. A special camera will be used to take the x-ray. I will need to stay very still.



- This is what dental x-rays look like.



- Sometimes the dentist or dental hygienist will clean my teeth.
- A special electric toothbrush will be used to clean my teeth.



- A nice toothpaste will also be used. The electric toothbrush will also make noise. This is ok.
- If I don't like the noise, I can wear headphones.
- I like having my teeth cleaned.





- The dentist will also use water to wash my teeth. The vacuum tube will be used to take the water away. This can be noisy. This is ok.



- The dentist helps keep my teeth clean and strong. I am happy to have clean and strong teeth.